

March 2020

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 2:30pm Mind/Body Yoga 4pm Hot Series	2 PRIVATE SESSIONS	3 9am Pilates Plus 10:30am Mind/Body Yoga 6pm Bhante Sujatha <i>Please Pre-register</i>	4 PRIVATE SESSIONS 6:30pm Hot Series	5 9am Pilates Plus 10:30am Mind/Body Yoga	6	7 9-10:30am Advanced Mind/Body Yoga <i>Please Pre-register</i>
8 4pm Hot Series	9 PRIVATE SESSIONS	10 9am Pilates Plus 10:30am Mind/Body Yoga	11 PRIVATE SESSIONS 6:30pm Hot Series	12 9am Pilates Plus 10:30am Mind/Body Yoga	13	14
15 Closed	16 PRIVATE SESSIONS	17 9am Pilates Plus 10:30am Mind/Body Yoga Closed	18 PRIVATE SESSIONS Closed 6:30pm Hot Series	19 9am Pilates Plus 10:30am Mind/Body Yoga Closed	20 Closed 6:15-7:45pm Restorative <i>Please Pre-register</i>	21
22 2:30pm Mind/Body Yoga 4pm Hot Series Closed	23 PRIVATE SESSIONS	24 9am Pilates Plus 10:30am Mind/Body Yoga Closed	25 PRIVATE SESSIONS Closed 6:30pm Hot Series	26 9am Pilates Plus 10:30am Mind/Body Yoga Closed	27	28
29 2:30pm Mind/Body Yoga 4pm Hot Series Closed	30 PRIVATE SESSIONS	31 9am Pilates Plus 10:30am Mind/Body Yoga	1 PRIVATE SESSIONS 6:30pm Hot Series	2 9am Pilates Plus 10:30am Mind/Body Yoga	3	4
5 2:30pm Mind/Body Yoga 4pm Hot Series	6 PRIVATE SESSIONS	7 9am Pilates Plus 10:30am Mind/Body Yoga	8 PRIVATE SESSIONS 6:30pm Hot Series	9 9am Pilates Plus 10:30am Mind/Body Yoga	10	11